Hygiene Kits for Bellevue Students

www.BellevueLifeSpring.org







Bellevue LifeSpring's Mission

Fostering stability and self-sufficiency for Bellevue's children and their families through programs that provide food, clothing, education, and emergency assistance.



The Impact of Hygiene Kits



Hygiene kits are provided to Bellevue students and families when in need.

Distributed through the Family Connections Centers within Bellevue Schools and our two Bellevue Family Hub resource centers, these kits ensure access to essential hygiene items.

Having access to these supplies can have a positive impact on students' confidence and well-being.



Organize a Drive



Gather and Collect: Create a plan with your family or friends to purchase or collect hygiene items for students.

Don't forget to spread the word! Sharing with others that you are hosting a hygiene drive is a great way to gather donations, boost energy surrounding your event or even inspire others to follow in your footsteps. You can use social media, email, or create flyers to pass out or hang at local businesses.



How To Package Hygiene Kits

Each kit will include items for a Standard Kit or Period Pack that are enclosed in a small paper bag or zip-lock bag.

Standard Kit

- *Travel-size items preferred
- Toothbrush
- Toothpaste (for cavity protection)
- Floss
- Shampoo
- Conditioner
- Plastic comb
- Deodorant
- Body wash
- Face wash
- Moisturizer
- ChapStick



Period Pack

- Mix of different size tampons
- Overnight pads
- Regular pads
- Panty liners



How To Package Hygiene Kits Cont.



It is preferred that the items be travel-size versus full-size.

If you decide to make both the Standard Hygiene Kit and Period Pack, please group them separately and include a label that distinguishes the two boxes upon delivery.



Coordinating Your Delivery

- o Once your Hygiene Kits are assembled and ready for delivery, simply connect with Lily at <u>Lily@BellevueLifeSpring.org</u> to confirm delivery details to a specific Bellevue school location(s).
- o Bellevue LifeSpring works closely with the Bellevue School District to ensure deliveries are directed to the schools most in need of hygiene supplies, so the location is constantly changing.

Connect With Us!

o Documenting your hygiene drive is a great way to spread awareness about the need here in Bellevue. Take pictures or videos and share them on social media – don't forget to tag us @bellevuelifespring!



FAQS

Is there a minimum or maximum number of kits needed per delivery?

There is no set number of kits. Any amount of hygiene kits will be used and appreciated.

Why do they have to be travel-sized?

When they are full-size items, the kits become very bulky and heavy. With travel-size items, it's much easier for students to put the kits discreetly in their backpacks to take home, etc.

Why are personal notes no longer included in bags?

Having personal notes separate allows school staff to hand them out beyond hygiene pack distribution to help boost self-esteem or provide positive encouragement for kids on test days, etc.



We're here to help.

Questions? Reach out to Lily at Lily@BellevueLifeSpring.org.