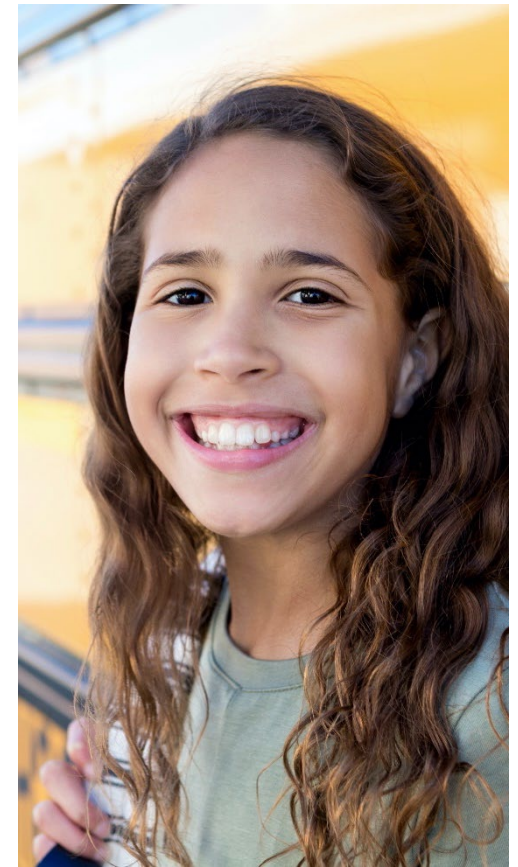


Snacks for Bellevue Students

With Bellevue LifeSpring

Fostering stability and self-sufficiency for Bellevue's children and their families through programs that provide food, clothing, education, and emergency assistance.

www.BellevueLifeSpring.org



Helping Bellevue's Children and
Their Families For Over 100 Years

How Bellevue LifeSpring Supports Bellevue Kids





The Impact of Snacks

- It's hard to focus on an empty stomach. Snacks during school help students have a successful day of learning.
- Snacks are an important resource for students who do not get breakfast at home or need a snack at after-school programs.
- **4,135 Bellevue students** are experiencing food and housing insecurity, and **415 Bellevue students** are experiencing homelessness.

Snack Wishlist

- Fruit/veggie pouches (*GoGo Squeeze*)
- Fruit snacks
- Goldfish crackers
- Mini pretzels
- Granola bars (*88 Acres* or *Made Good* brands recommended)
- Fruit cups
- Chomps (meat sticks)



Mini-Snack Pack Options

Crunch & Munch

- Mini pretzel OR Goldfish crackers
- Nut-free granola bar



Fruit/Vegetable

- Fruit and/or vegetable pouch (GoGo Squeeze)
- Fruit cup OR fruit snack





Organize a Drive

Gather and Collect: Create a plan with your family or friends to purchase or collect snack items for students.

- *Don't forget to spread the word!* Sharing with others that you are hosting a snack drive is a great way to gather donations, boost energy surrounding your event or even inspire others to follow in your footsteps. You can use social media, email, or create flyers to pass out or hang at local businesses.

How To Package Mini-Snack Packs

- Each Mini-Snack Pack kit will include **two** snacks that are enclosed in a small brown paper bag
 - **Crunch & Munch bag:** pretzels **and** nut-free granola bar
 - **Crunch & Munch bag:** goldfish **and** nut-free granola bar
 - **Fruit/Vegetable bag:** fruit/vegetable pouch **and** fruit cup
 - **Fruit/Vegetable bag:** fruit/vegetable pouch **and** fruit snack
- Personal notes of encouragement/positivity are welcome but must be delivered separately from the snack packs (**not** included in the individual snack packs)
- If you decide to make both types of Mini-Snack Kits, please group them separately and include a label that distinguishes the two boxes upon delivery.

Coordinate Your Delivery

- Once your snack packs are assembled and ready for delivery, simply connect with Lily at Lily@BellevueLifeSpring.org to confirm delivery details to a specific Bellevue school location(s).
- Bellevue LifeSpring works closely with the Bellevue School District to ensure deliveries are directed to the schools most in need of snack pack supplies, so the location is constantly changing.

Connect With Us

- Documenting your snack pack drive is a great way to spread awareness about the need here in Bellevue. Take pictures or videos and share them on social media – don't forget to tag us **@bellevuelifespring!**

FAQS

- **Is there a minimum or maximum number of snacks needed per delivery?**

There is no set number of snacks. Any amount of snacks packed will be used and appreciated.

- **Are there any other restrictions on the type of snacks accepted?**

Bellevue School District is unable to accept perishable items, such as fresh fruit or items that need to be refrigerated. The district also kindly requests that you avoid "treat" type snacks, such as candy or high-sugar items.

- **Do snacks need to be nut-free?**

Yes, all snacks must be nut-free.

FAQS

- **Why are there only two items per snack bag?**

It helps allow students to have more personal choice, it is easier for schools to store, and it helps ensure snacks being handed out to students meet all necessary allergen requirements.

- **Why are personal notes no longer included in bags?**

Having the personal notes separate allows school staff to hand them out beyond snack distribution to help boost student self-esteem or provide positive encouragement for kids on test days, etc.

We're here to help.

Questions? Reach out to Lily at Lily@BellevueLifeSpring.org.