Pick up the registration packet directly at the Highland Health Center (Room 111).

Email us at highlandsbhc@ichs.com and we will send you a link to register online.

Scan this QR Code with your phone to register online:

The Highland Health Center is a no-cost service to students.

When applicable, we bill your insurance. Families are not responsible for any fees related to services provided at Highland Health Center.

About School-Based Health Centers

School-based health centers (SBHCs) are clinics that provide basic health care in partnership with a school. They provide a safe and confidential space for students to access comprehensive health care without leaving school, minimizing time away from class.

Data shows that SBHCs reduce barriers to learning, improve classroom attendance rates, and help students become more engaged and proactive in their own health.

The Highland Health Center is funded by King County Best Starts for Kids and operated by:

ICHSMental health screening and counseling

SUBSTANCE USE COUNSELING

Anxiety & depression counseling

Stress management

Healthy coping skills

Our Services

MEDICAL SERVICES

- Immunizations
- Annual physical exams
- Sport physicals
- Diagnosis/treatment of illness & injury
- Chronic disease management
- Referrals for other medical services

BEHAVIORAL HEALTH SERVICES

- Mental health screening and counseling
- Substance use counseling
- Anxiety & depression counseling
- Stress management
- Healthy coping skills

MOBILE DENTAL SERVICES

- Dental exams
- Teeth cleaning & fluoride treatments
- X-rays
- Fillings & extractions
- Sealants
- Emergency examinations

HEALTH EDUCATION SERVICES

- Reproductive health
- Healthy lifestyle counseling
- Exercise & nutritional counseling
- Adolescent developmental health

In order to become a patient, fill out a registration packet. There are three easy ways to do it:

1. Pick up the registration packet directly at the Highland Health Center (Room 111).
2. Email us at highlandsbhc@ichs.com and we will send you a link to register online.
3. Scan this QR Code with your phone to register online:
Meet Our Staff

**ROSALY RIVERO**  
Clinic Care Coordinator

"The most rewarding part of my job is connecting students and families to health care and watching them grow healthier and stronger."

**ZACH STEVENS**  
Medical Provider

"I like to help students receive healthcare. My interests are, helping under-served communities accessing medicine, dermatology, adolescent health, and mental health"

**SARAH BURDELL**  
Behavioral Health Provider

"I love my job because it allows me to talk to students, listen to what is on their minds, and provide them with emotional support."

**CARONI ARIAS**  
Patient Navigator

"What I love the most about my job, is to be able to connect students with health care, teaching them how to start taking care of their own health."

Need other services?  
Youth and adult health services are available at:

**INTERNATIONAL DISTRICT MEDICAL & DENTAL CLINIC**  
720 8th Ave S · Seattle, WA 98104  
206-788-3700

**HOLLY PARK MEDICAL & DENTAL CLINIC**  
3815 S Othello St · Seattle, WA 98118  
206-788-3500

**BELLEVUE MEDICAL & DENTAL CLINIC**  
1050 140th Ave NE · Bellevue, WA 98005  
425-373-3000

**SHORELINE MEDICAL & DENTAL CLINIC**  
16549 Aurora Ave N · Shoreline, WA 98133  
206-533-2600

Contact Us

15027 NE Bel/Red Rd,  
(Room 111) Bellevue, WA 98007

highlandsbhc@ichs.com

(425) 373-3135

Comprehensive health services located at school!