Snack Packs for Bellevue Students

With Bellevue LifeSpring:

Fostering stability and self-sufficiency for Bellevue’s children and their families through programs that provide food, clothing, education, and emergency assistance.

www.BellevueLifeSpring.org
How Bellevue LifeSpring supports Bellevue kids:

**Clothing** for children and their families

**Food** for hungry children during school breaks and snacks during the school year

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**Emergency Assistance** with move-in costs, eviction prevention, food and holiday gifts

**Education** support for summer school, credit recovery and college
Snack Pack Impact

- It’s hard to focus on an empty stomach. Snack packs help ensure students have the nutrition they need for a successful school day.
- Snack packs are a vital resource for students that don’t get breakfast at home or need a snack after-school.
- Nearly 4,000 Bellevue students are experiencing food insecurity, and 302 Bellevue students are experiencing homelessness.
Plan Your Drive

- **Organize and Collect**: Create a plan with your group or team to purchase or collect donated snack items.
  - *Don’t forget to spread the word!* Sharing with others that you are hosting a snack pack drive is a great way to gather donations, boost energy surrounding your event or even inspire others to follow in your footsteps. You can use social media, email, or create flyers to pass out or hang at local businesses.
Possible Snack Pack Items:

- Fruit and/or veggie sauce packs
- Dried fruit
- Fruit snacks
- Goldfish crackers
- Instant oatmeal
- Popcorn
- Pretzels
- Snack bars (granola, cereal, etc.)
- Sunflower seeds
- Fruit cups
Plan Your Drive Cont’d:

- **Assemble and personalize:** Once you have successfully collected the snacks, it’s time to pack them in baggies.

  - **Optional:** Add a personal touch to the snack packs and create a colorful card with a positive, encouraging, or supportive message and attach it to the bag. It can be as simple as "Have a GREAT day!" or "You are capable of amazing things," or "Your smile is contagious."
Coordinate Your Delivery:

• Once your snack packs are assembled and ready for delivery, simply connect with Kris at Kris@BellevueLifeSpring.org to confirm delivery details to a specific Bellevue school location(s).

• Bellevue LifeSpring works closely with the Bellevue School District to ensure deliveries are directed to the schools most in need of snack pack supplies, so the location is constantly changing.

Connect With Us:

• Documenting your snack pack drive is a great way to spread awareness about the need here in Bellevue. Take pictures or videos and share them on social media – don’t forget to tag us @bellevuelifespring!
FAQS:

- What type of bags should I use?
  
  More often than not, volunteers will use brown paper bags.

- How many snacks should I include in each bag?
  
  You can include three to four snack items in each bag, depending on the size of each snack.

- Is there a minimum or maximum number of snacks needed per delivery?
  
  There is no set number of snacks. Any amount of snacks packed will be used and appreciated.

- Can you include snacks that are not on the suggested list?
  
  The list provided has been recommended by the Bellevue School District. Other snacks may be included but should be nut-free.
Bellevue LifeSpring is here to help!

Questions? Don’t hesitate to reach out to Kris at Kris@BellevueLifeSpring.org.
Thank You!!