Local nonprofit Bellevue LifeSpring has worked tirelessly for more than 100 years to foster stability and self-sufficiency for Bellevue’s children. Their programs provide food, clothing, education, and emergency assistance for low-income children in our community.

Today, for the nearly 4,000 Bellevue children living in poverty, Bellevue LifeSpring’s services have become even more essential during the COVID-19 crisis. The pandemic put those already vulnerable children and their families at a higher risk of experiencing hunger and homelessness.

When COVID-19 hit, Bellevue LifeSpring took immediate action to adapt its services to the oncoming needs. They are working hand in hand with the Bellevue School District to address any gaps in support needed to help ensure no student experiences hunger or homelessness as a result of this virus.

Nutritional Assistance
When schools closed in March, families who rely on free and reduced-price meals at school were left scrambling to provide nutrition for their children. Some families couldn’t make it to the school district’s food sites during the limited distribution times due to transportation barriers, scheduling difficulties, and self-quarantining.

To fill this gap, Bellevue LifeSpring implemented an emergency extension of its Breaktime-Mealtime™ program. This program works to end hunger by distributing Safeway food vouchers to support low-income students during school breaks. These vouchers help ensure children don’t go hungry and miss out on the meals and nutrition they need while schools are closed.

Emergency Rent Assistance
Before COVID-19, low-income parents were already facing the difficult choice between paying rent or putting food on the table. This crisis has forced these issues to the forefront. When living paycheck to paycheck, just one unanticipated expense can put a family on the brink of homelessness.

Isabelle’s story is just one example of the children Bellevue LifeSpring supports. Her mom was unexpectedly let go from her restaurant job due to the ramifications of COVID-19. As a single parent of two children, Isabelle’s mom suddenly found herself without enough money to cover rent. Bellevue LifeSpring readily provided a rent payment for Isabelle’s family so they could avoid homelessness.

Join the Fight Against Hunger and Homelessness in Bellevue

Join the Fight Bellevue LifeSpring is continuing to assess the immense and emerging needs in 2020 due to the domino effect of COVID-19.

"Community partners like Bellevue LifeSpring are critical to the mission and vision of the Bellevue School District to serve each and every student so that they are thriving and can become creators of their future world," shared Dr. Ivan Duran, Superintendent, Bellevue School District. "By ensuring students and families are nourished with food and have adequate housing, we know that we will be able to nourish them academically. We are thankful for our partnership with Bellevue LifeSpring.”


If you know of a charitable deed or volunteer service within the Bridle Trails neighborhood, let us know! Email Jean.French@N2Pub.com.